



## Elders Role in Recovery Ministries

Northern California Conference

Introduction is speaker, facilitator & topic relevance. Vince will begin with the story of Alan Gurneau.

Assumption - a recovered minister/elder may feel a burden for this as a compassion ministry that stems out of the healing they have experienced. Someone who may have never dealt with this may feel uncomfortable in this ministry, but there is a place for all leaders within this scope of support.

## Presentation Goals

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- Role of the Church in Recovery Ministries
- Function of the Elder
- Support & Proactivity
- Available Resources
- When/Where to Refer
- Do's & Don'ts
- Trusting in God



Role of the Church in Recovery Ministries

Function of the Elder

Support & Proactivity

Available Resources

When/Where to Refer

Do's & Don'ts

Strengths & Weaknesses in SDA Framework

# Role of the Church

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Recovery Ministries

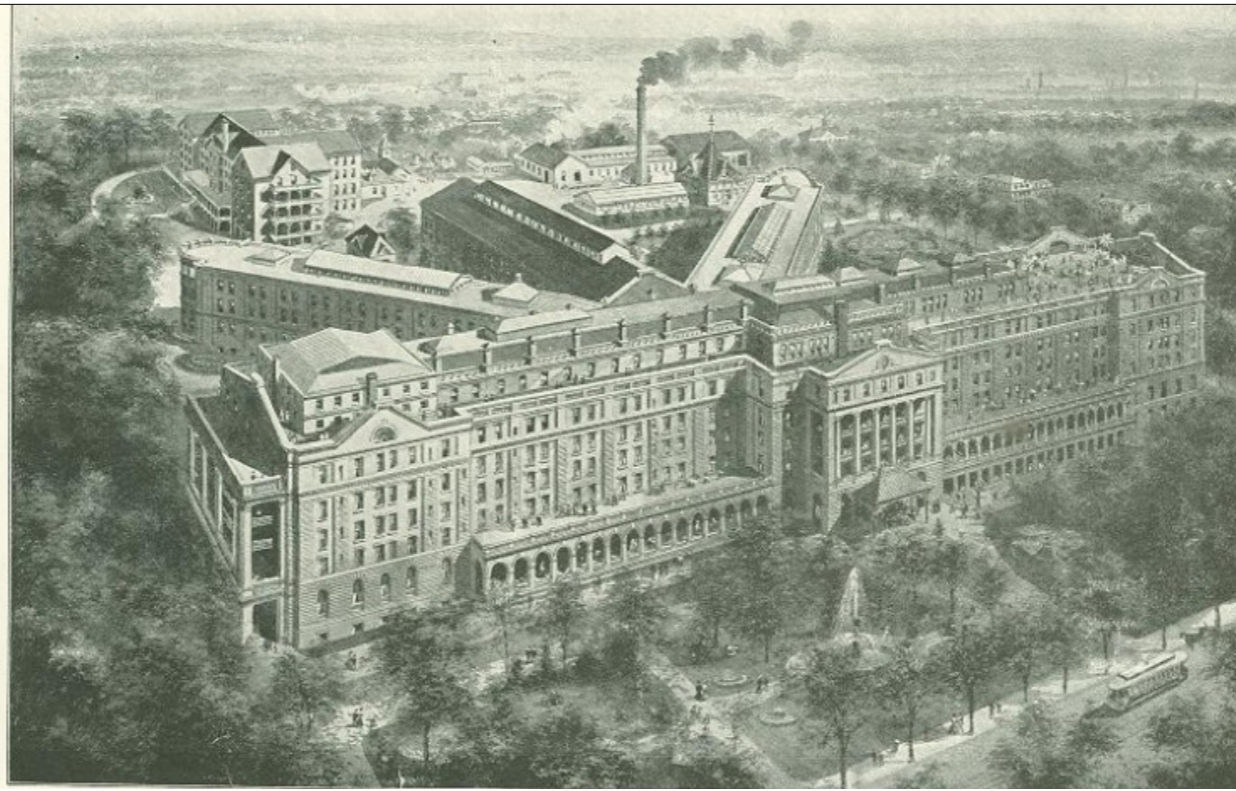


## Christian Model

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- ““THE SPIRIT OF THE LORD IS UPON ME, BECAUSE HE ANOINTED ME TO PREACH THE GOSPEL TO THE POOR. HE HAS SENT ME TO PROCLAIM RELEASE TO THE CAPTIVES, AND **RECOVERY** OF SIGHT TO THE BLIND, TO SET FREE THOSE WHO ARE OPPRESSED, TO PROCLAIM THE FAVORABLE YEAR OF THE LORD.”” (Luke 4:18–19 NAS95)

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Battle Creek Sanitarium

Founded in 1866

The Battle Creek Sanitarium was a health resort in Battle Creek, Michigan, United States, founded 1866 and originally based on the health principles advocated by the Seventh-day Adventist Church.

Dr. Kellogg's medical treatment embraced all branches of medicine, including surgery, but with emphasis on fresh air, sunshine, exercise, rest and diet. The SDA dietary practices eliminated meats, condiments, spices, alcohol, chocolate, coffee and tea.

- “This represents a broad-based commitment to addressing human need and is one of the reasons why early Adventists emphasized medical missionary work. It hints that before we launch a specific community-service program we should do some sort of community assessment.” - Dan Day The Role of the Local Elder pg. 128-129

## Function of the Elder

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Supporting and Assessing  
Community Needs



Dan Day's Counsel *The Role of the Local Elder* pp. 130-133

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- First, we need to begin seeing our interactions with people through the filter of mission.
- Then, we must become even more specific in telling our “better true stories” in compelling ways.
- Next, in order to address our contemporary world in a distinctly Adventist way, we need to integrate our emphasis on hope and wholeness.
- In addition, we need to connect with our communities through the filter of our shared humanity.
- Also, we need increasing clarity on just which audiences lie at the center of Adventist witness.
- Finally, we must pursue an enlightened restoration emphasis that puts this focus where it belongs.

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## Dignity Health – Sacramento County

Mercy Hospital of Folsom

Mercy San Juan Medical Center

Mercy General Hospital

Methodist Hospital of Sacramento

### 2019 Community Health Needs Assessment –

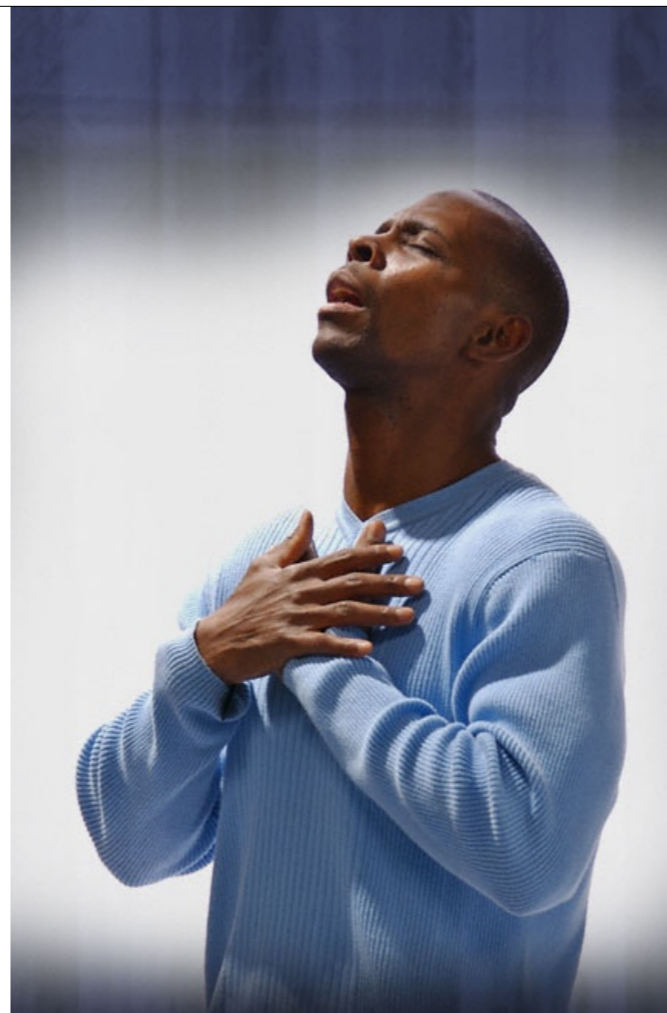
Community Health  
Needs Assessment

Search “CHNA” in your Area

## Support & Proactivity

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Ministry Engagement



ACS Chapter - What is your church doing? Who are the key volunteers to support?

Food Pantry

Clothing Closet

Warehouse Distribution



### Core Values

**SHARING**  
We proclaim the good news of salvation by actively demonstrating the love of God.

**CONNECTING**  
We build relationships by connecting people with their community family and to God.

**MINISTERING**  
We minister to the communities we serve by focusing on their physical, mental, social, and spiritual well-being.

**DISCIPLESHIP**  
We empower and engage members to serve their communities by teaching, mentoring, and equipping in holistic ministry.

### Resources

#### LEADERSHIP DEVELOPMENT COURSES

- ▶ **Nonprofit Leadership Certification Program (NLCP):** An intensive program that equips participants with strategies and professional skills to successfully lead.
- ▶ **Community Services & Urban Ministry Certification Program (CSUMCP):** Equips participants to be engaged with critical service learning to create a sustainable impact in their communities.

**ELECTRONIC REPORTING**  
Free web-based "e-reporting" software is provided for all church ministries to collect and report community outreach service data to effectively demonstrate church engagement.



**Adventist Community Services**  
North American Division  
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Columbia, MD 21046  
443-391-7253  
[www.communityservices.org](http://www.communityservices.org)  
[www.facebook.com/AdventistCommunityServices](https://www.facebook.com/AdventistCommunityServices)

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## Adventist Community Services

NORTH AMERICAN DIVISION



### What is Adventist Community Services?

Adventist Community Services (ACS) is a community outreach ministry of the Seventh-day Adventist Church in the North American Division.

### Mission

Serving communities in Christ's name

### Vision

- ▶ Expanding the scope of community services
- ▶ Building collaborative partnerships
- ▶ Integrating education in leadership development

**TOUCH ONE HEART  
TRANSFORM  
YOUR COMMUNITY**



ADVENTIST COMMUNITY SERVICES  
**Ministries**

**Emotional and Spiritual Care**

Equips and deploys volunteers to provide emotional and spiritual care for individuals traumatized by disasters and other incidents.

**Older Adult Ministry**

Prepares volunteers to address the needs of older adults and their caregivers within their church and community.

**Tutoring and Mentoring**

Develops basic life skills by providing support, care, and guidance by cultivating trustworthy relationships.

**Young Adult Emergency Services Corps (YES)**

Promotes service-learning by giving young adults the opportunities to serve and become positive contributors to their communities.

**Community Development/Urban Ministry**

Offers relief services and promotes individual and community development that includes equipping community members with skills to become self-sufficient.

**Hope for Humanity**

Helps fund and support community initiatives that engage Adventist churches and members in service to their communities. Support is given to initiatives in both North America and in partnership with sister Divisions around the world.

**Disaster Response**

Collaborates with partners in the public, private, and nonprofit sectors allowing this ministry to provide the most effective and efficient aid in times of crisis. Engaging volunteers to be prepared in mitigation, preparedness, response, and long-term recovery.

## Adventist Community Services

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- <https://www.communityservices.org/resources>
- Disaster Response
- Community Education
- Grants Available
- CareOptions
- Emotional & Spiritual Care
- Young Adult Emergency Services Corps



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Disaster Response

Community Education

Grants Available

CareOptions

Emotional & Spiritual Care

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## Freedom is Possible: Multiple Issues of Recovery

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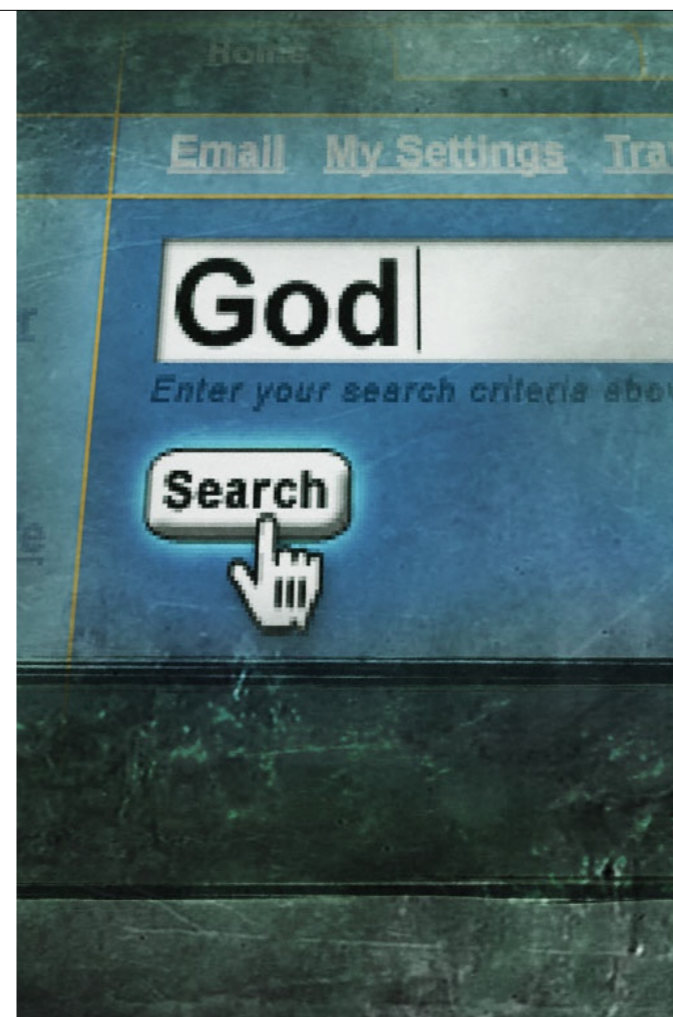
- Abuse: Verbal, Sexual, Emotional, Spiritual or Physical
- Alcohol
- Anger
- Anxiety
- Codependency
- Depression
- Disappointments
- Divorce
- Drugs
- Eating Disorders
- Enabling
- Faith Doubts
- Family Problems
- Fear
- Gambling
- Grief/Loss
- Guilt
- Insecurity
- Job Loss
- Lying
- Need to Control
- Overspending
- Overworking
- Perfectionism
- Pornography
- Relational Pain
- Sexual Addiction
- Self Destruction
- Shame
- Stress
- Unforgiveness

Rather than simply thinking of substance abuse as the end-all be-all of “recovery ministries”; we should reconsider what people are dealing with. There are a wide variety of issues that could be a ministry, expand what we consider recovery.

## Available Resources

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Ministry Formats & Training



There are kits and pre-formatted ministries that can be simple to facilitate, seasonal, and biblically based. Each should be evaluated for your context of ministry scope. Others require more training to be certified as a facilitator.

# Anonymous Groups

- Host Site
- Alcoholics Anonymous, Al-Anon, Etc.
- Consider Sponsorships
- Non-denominational Affiliations
- Property Control Documents
- Tenancy Agreement
- Building/Equipment Access
- Familiarity with Programs

The screenshot shows the Alcoholics Anonymous website homepage. At the top, there is a navigation bar with the AA logo, a 'Meeting Guide' icon, and a banner for the 'International Convention Detroit, Michigan - July 2-5, 2020'. Below the navigation bar is a search bar with the text 'Search Our Site'. The main content area features a large video player with a play button and the text 'Get Ready!'. To the left of the video player is a sidebar with several sections: 'NEED HELP WITH A DRINKING PROBLEM?', 'A.A. NEAR YOU' (Local A.A. Resources) with a search form for U.S./Canada Location, Zip/Postal Code, and Select a Country; and 'INFORMATION ABOUT A.A.' with links for 'What Is A.A.?', 'For Professionals', and 'For A.A. Members'. At the bottom of the page, there is a footer with various links including 'Need Help with a Drinking Problem?', 'A.A. Near You', 'What Is A.A.?', 'For Professionals', 'A.A. Literature', 'eBooks', 'Read the Big Book and Twelve & Twelve', 'Alcoholics Anonymous Facsimile First Printing Press/Media', 'Archives & History', 'A.A. General Service Board Calendar', 'G.S.O. Newsletters', 'Videos at', 'International Convention - July 2-5, 2020 Detroit, Michigan', and 'Regional Forums Information'.

These groups may look for a host site and need a meeting place that your church may consider as a tenant. NCC Property Use Issues, Certificates of Insurance - additional Insured



“Serenity Prayer” - Usually associated with Recovery

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- **God,  
Grant me serenity to accept the  
Things I cannot change,  
Courage to change the things I  
can, And wisdom to know the  
difference. Amen**

God,

Grant me serenity to accept the Things I cannot change, Courage to change the things I can, And wisdom to know the difference. Amen

## Adventist Recovery Ministries

- <https://nadhealth.org/recovery/armin-taskforce/>
- Addiction Recovery Facilitator Training - Nov. 9-10, 2019; Orlando FL [[nadhealth.org/events](https://nadhealth.org/events)]
- Online Training Available Soon



## In-Person Training

**November 9-10, 2019**



REGISTER

LOCATION

ADVERTISE

Both the online and in-person trainings are required to become a facilitator. Email us at [recovery@nadhealth.org](mailto:recovery@nadhealth.org) to learn more.

## Journey to Wholeness

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- <https://nadhealth.org/recovery/jtw/>
- **The Recovery Group offers the following:**
- An atmosphere of Christian love and acceptance, where people meet on a weekly basis and become openly honest with each other
- A “safe place” where anonymity and confidentiality are respected
- An opportunity to share experiences, strengths, and hopes without “cross-talk” and judgmentalism

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## Journey to Wholeness

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- **The Recovery Group offers the following:**
- Encouragement to earnestly seek God to do for them what they cannot do for themselves
- Most important, they are invited to recognize that Jesus Christ is the Highest Power
- Recovery and freedom from obsessive thoughts, compulsive actions, habitual behaviors, and spiritual separation
- Workbook material to aid you on your Journey to Wholeness

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# CELEBRATE RECOVERY®

A recovery program based on eight principles from the Beatitudes

Celebrate Recovery

Non-Denominational Organization

A recovery program based on eight principles from the Beatitudes

- “Celebrate Recovery was written by Pastors Rick Warren and John Baker. The purposes of Celebrate Recovery are to fellowship and celebrate God's healing power in our lives through the 12 Steps and 8 Recovery Principles. This experience allows us to "be changed". We open the door by sharing our experiences, strengths and hopes with one another. In addition, we become willing to accept God's grace in solving our lives' problems.” — CR Information Booklet

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## Steps to Begin a CR Group at your church

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- Go to [www.celebraterecovery.com](http://www.celebraterecovery.com) online for review.
- Purchase the Celebrate Recovery Program Kit
- “90 Day Kick off Strategy”
- (If you are not yet ready to invest in a program kit, we recommend that you purchase one CR Leaders Guide and a set of the participant guides.)
- Study the “CR Trademark Statement” and begin to understand all it means to model Celebrate Recovery.
- Antelope Hills SDA Church currently holds CR meetings each Wednesday @ 7:00-9:30pm (if interested in observing).

# The Genesis Process *A New Beginning*

IF GOD OR LIFE MAKES YOU *WILLING* TO CHANGE, GENESIS CAN  
MAKE YOU *ABLE* TO CHANGE.

Genesis Process

[Relapse Prevention & Recovery](#)

The Genesis Process provides a Biblical and neurochemical understanding of what is broken and causes our self-destruction.



[genesisprocess.org](http://genesisprocess.org)

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- “In my 20+ years in Rescue work, nothing has led serious addicts to lasting recovery more effectively than the Genesis Process combined with an environment of grace. Our mission has never experienced the results we’ve seen in the last 5 years.” — Phil Altmeyer, CEO of Spokane Rescue Mission

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## “F-A-S-T-E-R” Relapse Pattern

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- “F” = FORGET PRIORITIES (Denial; flight; a change in what’s important; how you spend your time and thoughts.)
- “A” = ANXIETY (Getting energy from emotions.)
- “S” = SPEEDING UP (Out-running depression.)
- “T” = TICKED-OFF (Getting high on anger; aggression.)
- “E” = EXHAUSTED (Out of gas; depression.)
- “R” = RELAPSE

Instructions: check your thinking by referring to this scale. You may be experiencing an incident rather than a pattern. Having Dry relapse symptoms doesn’t mean you’re in a relapse Pattern. Circle behaviors with which you can identify with either now or in the past. Reoccurring symptoms indicate a Dry relapse Pattern.

“F” = FORGET PRIORITIES (Denial; flight; a change in what’s important; how you spend your time and thoughts.)

Secrets; bored; less time/energy for God, meetings, and church; avoiding support and accountability towards people; superficial conversations; sarcasm; isolating yourself; changes in goals; flirting; obsessed with relationships; breaking promises/commitments; neglecting family; preoccupation with material things, television, or entertainment; procrastination; lying; over-confidence; hiding money.

“A” = ANXIETY (Getting energy from emotions.)

Worry; using profanity; being fearful; being resentful; replaying old, negative thoughts; perfectionism; judging others’ motives; making goals and lists you can’t complete; poor planning; mind reading; fantasy; masturbation; pornography; co-dependent rescuing; sleep problems; trouble concentrating; seeking/creating drama; gossip; using over-the-counter medication for pain, sleep, and weight control.

“S” = SPEEDING UP (Out-running depression.)

Super busy; workaholic; can’t relax; driving too fast; avoiding slowing down; feeling driven; in a hurry; can’t turn off thoughts; skipping meals; binge eating (usually at night); overspending; can’t identify own feelings/needs; repetitive, negative thoughts; irritable; making excuses for “having to do it all”; dramatic mood swings; lust; too much caffeine; over exercising; nervousness; difficulty being alone or with people; difficulty listening to others; avoiding support.

“T” = TICKED-OFF (Getting high on anger; aggression.)

Procrastination causing crises in money, work, or relationships; sarcasm; black and white, all or nothing thinking; feeling alone; feeling that no one understands; overreacting; road rage; constant resentments; pushing others away; increased isolation; blaming; self pity; arguing; irrationality, can’t handle criticism; defensive; people are avoiding you; having to be right; digestive problems; headaches; obsessive (stuck) thoughts; can’t forgive; feeling grandiose (superior); intimidation; feeling aggressive.

“E” = EXHAUSTED (Out of gas; depression.)

Depressed; panicked; confused; hopeless; sleeping too much or too little; can't cope; over-whelmed; crying for “no reason”; can't think; forgetful; pessimistic; helpless; tired; numb; wanting to run; constant cravings for old coping behaviors; thinking of using drugs and alcohol; seeking out old unhealthy people and places; really isolated; people are angry with you; self-abuse; suicidal thoughts; no goals; survival mode; not returning phone calls; missing work; irritability; loss of appetite.

“R” = RELAPSE

Returning to the place you swore you would never go again. Giving up; giving in; out of control; lost in your addiction; lying to yourself and others; feeling you just can't manage without your coping behavior, at least for now. The result is usually shame, condemnation, guilt, and aloneness.

## When/Where to Refer

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When our ability is limited to help



The church is not a clinic and most churches do not have the volunteer capacity to handle certain recovery needs. Knowing when to allow an organization to help is key to coming along side of someone in their journey. Don't pretend to be something that God did not call us to be.

- “I believe it is time to refer a patient to a treatment center when a person’s patterns, behavior or habits is interfering with a healthy balanced lifestyle, peace of mind, career and/or with personal relationships. It is best to approach this situation with compassion and gentleness so the patient feels supported and inspired to receive treatment and ultimately heal.” — Dr. Sandra Cox [Inland Detox Center Clinical Director]

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## Referral Resources

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- Mental Health & Substance Use Disorder Services: Search for “California State Agency: MHSUDS”
- [www.addicted.org](http://www.addicted.org) Directory of In-patient Rehabilitation Centers Toll Free: 1-800-304-2219
- American Association of Christian Counselors: [www.aacc.net](http://www.aacc.net)
- Suicide Prevention Helpline: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) Toll Free: (800)273-8255



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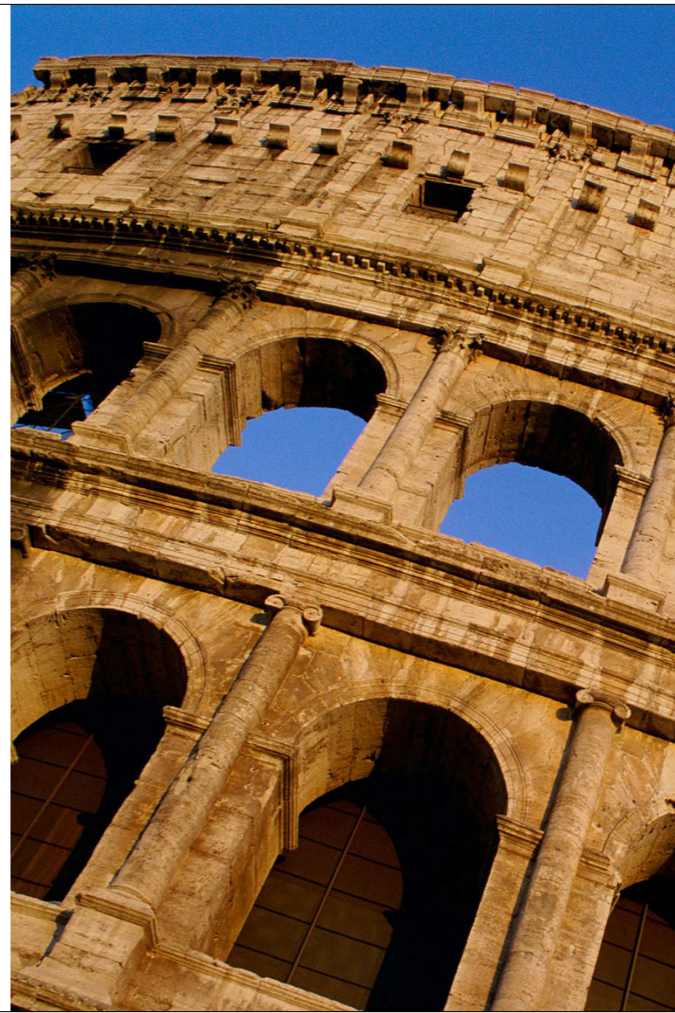
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# Do's & Don'ts

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Practical Tips for Elders



## Do this for effective support of Recovery Ministries

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- Pray for them.
- Pour out a lot of unconditional love on them. (5 Love Languages)
- Give them a place to stay.
- Join their recovery group.
- Get to know them as a person - See who God wants them to be.
- Support the Pastor/Other Elders in developing a holistic plan for them.

Pray for them.

Pour out a lot of unconditional love on them. (5 Love Languages)

Give them a place to stay.

Join their recovery group.

Get to know them as a person - See who God wants them to be.

Support the Pastor/Other Elders in developing a holistic plan for them. This includes individual counseling, marriage counseling, Bible Studies, Encouraging them to give Bible Studies to other addicts, giving them work (working alongside them is best) so they can have an income, helping them develop a budget and making sure they have accountability for how they spend their money.



## Do NOT do this for effective support of Recovery Ministries

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- Do not parade them up front in church.
- Instead, celebrate milestones with them.
- Do not judge them.
- Do not think that prayer alone will release everyone from addiction.
- Do not let them go it alone.

1. Do not parade them up front in church. This puts too much pressure on them and sets them up for failure. Recovery involves for many people involves falling. When church members find out the person has fallen after they have given a public testimony on how they no longer take drugs, they can become judgmental towards the one in recovery. They will show their disappointment and this is very discouraging for the addict. The addict will consider not coming back because they don't want to disappoint the "perfect" church people.

1. Instead, celebrate milestones with them with those who have been on the inside with them helping them all along. These can be micro celebrations, such as taking them out to lunch, a small potluck at someone's house, a special gift given to them. Some addictions take 5 years for a person to get their whole life back functioning in a healthy manner.

2. Do not judge them. Love them instead.

3. Do not think that prayer alone will release everyone from addiction. Prayer, commitment, and much hard work are required for many people to gain the victory.

4. Do not let them go it alone.

## Presentation Summary

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- Role of the Church in Recovery Ministries
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- Available Resources
- When/Where to Refer
- Do's & Don'ts
- Trusting in God



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Strengths & Weaknesses in SDA Framework



## Trusting in God

Philippians 4:6-8

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.”

(Philippians 4:6–8 NAS95)