



Northern California Conference of Seventh-day Adventists Family Ministries
and the Carmichael SDA Church present



Untangling

OUR RELATIONSHIPS

Finding Healing with Abraham's Family

**OCT
16 & 17
2026**



UNTANGLING OUR
RELATIONSHIPS

Guest Speaker

DR. BRYAN CAFFERKY

PhD (Marriage and Family Therapy),
MDiv (emphasis in Family Ministry);
Licensed Marriage and Family
Therapist (CA); AAMFT Approved
Supervisor; Certified Family Life
Educator; 10+ years performing/
teaching Improvisational Theater

untanglingourrelationships
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Discover how God can help you bring healing and restoration to your family.

Dissect the troublesome relational dynamics that hurt Abraham's family and unlock refreshing possibilities for our current relationships.

This seminar offers a compelling new paradigm to explain why families act the way they do. You'll walk away with practical tools to untangle those tricky relationships, which then allows you to begin reweaving the fabric of your family.

Acquire practical tools to help you navigate tricky family dynamics and avoid common relational pitfalls.

WEEKEND SCHEDULE for parents

Soup Supper | 5:30 p.m.

Friday Night | 6:00-8:00 p.m.

Abraham's Family Trouble

Learn to "read" a family genogram to track various behaviors across four generations in Abraham's family.

Sabbath Morning Service | 11:00 a.m.

Rail Meat

Explore Galatians 5:22-23 focusing on the last fruit of the spirit (self-control) as it relates to changing family dynamics.

Fellowship Lunch to follow

Sabbath Afternoon #1 | 2:00 p.m.

Trapping Ourselves in Troublesome Triangles

Learn the roles we play in relational triangles—Is there a better way?

Sabbath Afternoon #2 | 3:30 p.m.

Stable/Unstable Triangles and Where to Find Them

Understand how triangles keep anxiety stuck in the family. Is it "me" or is it the triangle?



nccsda.com/children-family

Carmichael SDA Church

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