



April 8, 2018 Metro Air Park

Pathfinder Bike-a-thon

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DESCRIPTION

This is a one-day riding event, which combines the following goals:

1. To provide a conference supervised place to complete the cycling honor requirements for riding 50 miles.
2. To raise funds for the local club and their programs.
3. A percentage of total funds for Conference use as follows:
 - (a) To fund the Pathfinder Coordinator services to clubs and to the conference.
 - (b) To pay expenses for the Bike-a-thon.
 - (c) To help with specific mission projects. (See DIVISION OF FUNDS for percentages)

ELIGIBLE

Only Pathfinders, staff members, and guests who are Pathfinder age or above and have turned in a sponsor sheet of **at least 5 sponsors** are eligible to ride in the Bike-a-thon. **A Pathfinder must be at least 10 years of age, or in the fifth grade.**

DATE

April 8, 2018

TIME

8:00 a.m. – Track opens
4:00 p.m. – Track closes

LOCATION--This may change

Metro Air Park, Sacramento (intersection of Metro Pkwy and W. Eklhorn Blvd). See enclosed map or check with your Area Coordinator.

NO PETS

For the safety of our Pathfinders, on and off the track, NO pets are allowed on any portion of the grounds at the Bike-a-thon. All pets will be removed *and* a \$100 fine will be assessed to the club.

SPONSORS

Each Pathfinder is encouraged to contact family, friends, relatives, and persons within the church to sponsor them in the Bike-a-thon. In order to be eligible to ride in the Bike-a-thon, each rider must have a minimum

of five (5) sponsors. Each sponsor may sponsor the Pathfinder on a per mile basis (i.e. 25¢ per mile, with or without a maximum amount), or a one time flat fee (i.e. \$20.00 no matter how many miles the Pathfinder rides). The key to raising funds is to have a lot of sponsors. Directors: The sponsors trust you to see that the miles ridden are accurate. Please don't let them down.

SPONSOR SHEETS

Before arriving at the Bike-a-thon, each Pathfinder should have turned in their sponsor sheets to the club director. The **Director** must bring three copies that have the club name and Pathfinders name CLEARLY written on each sheet. After the director has collected all of the sponsor sheets, they must then be put in alphabetical order, and placed in a large envelope(s), with the club's name written on each envelope. If the above instructions are not followed, the coordinator has the option to refuse your sponsor sheets until the instructions are followed properly. **This will only DELAY your clubs starting time.** All sponsor sheets must be brought to the Bike-a-thon, and checked in with your coordinator.

CLOTHING

Modest shorts and T-shirts. The weather can start cool. It can be windy.

BIBS

All bibs need to be CLOTH – no PAPER bibs

HELMETS

All riders must ride with an approved Department of Transportation (DOT) helmet. NO EXCEPTIONS!

MOST IMPORTANT

SAFETY!!! The coordinators and Bike-a-thon Safety Patrol can and WILL remove any rider from the track under the following conditions:

1. If the bike is found to be in violation of the safety rules as described under the heading "Safety Rules".
2. If the rider is riding in a reckless manner

and endangering other riders. The rider must have their hands on the handlebars at all times.

3. If the rider is found taking shortcuts or riding outside the Bike-a-thon course.
4. If the rider is under 10 years old or not yet in 5th grade .
5. If the bike is too large for the rider or if the rider is too large for the bike.

It is the coordinator's discretion how long the rider is to remain off the track.

Once the rider has been removed from the track, he or she can only re- enter the track with the permission of the Coordinator who removed the rider.

The rider will be taken to their area coordinator's table where punishment will be determined.

BIKE-A-THON SAFETY PATROL

The **Bike-a-thon Safety Patrol (BSP)** is a special group of young people who help ensure the safety of the participants of the Bike-a-thon. The BSPs are identified by wearing the bright orange safety vests. They carry a radio and are in contact with headquarters. They are available to help treat an immediate emergency as well as call for help. Club directors must inform their riders of the importance of cooperating with the BSPs. BSPs have the authority to disallow a Bike-a-thon participant from riding on the track if he or she is not in compliance with the rules and regulations. BSPs will either be on foot or on bicycles.

UPON ARRIVAL

1. The key word is PATIENCE. We will have parking attendants, and we are asking you to please follow their instructions. They are there for your safety. After entering the parking area, please find a location beyond the food booths that will be your headquarters for the Bike-a-thon and unload at that location. **Do not unload your Pathfinders or bicycles at the entrance.**
2. The **director or assigned personnel**



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will register your club with your Area Coordinator by bringing all the sponsor sheets to him or her at Headquarters tent. Upon receiving your sponsor sheets, your coordinator will give you one wristband, per rider who has a sponsor sheet. PLEASE know how many tickets, etc. you will need before you get to your Coordinator's table. **Orange fast track wrist-bands** are only for those committed to riding **70 miles or more**. White wrist-bands are for all other riders.

- After you have received the riders' supplies, please return to your headquarters area and have your Pathfinders fill out ALL the information requested on the ticket. After a rider has completed the required information, attach the wristband snugly to their right wrist.
- Only after the Pathfinder has his/her bicycle; is **wearing an approved Department of Transportation (DOT) helmet; is wearing the official club bib, and has his/her riders ticket attached**, is he/she then ready to enter the track. If it is before 8:00 am, the Pathfinder should line up at the start line.
- The riders may stop and rest as often as they wish. Each club has the option to set up a repair/headquarters area. A place where the riders may sit down and rest, or have their bicycles adjusted. We never know what the weather has in store; therefore, we suggest you might think about bringing some portable shade with you.
- When the rider has completed riding for the day, they should return to their club headquarters. The conference will keep a copy of the sponsor sheets for their records. The other two copie club s will be given to the club director

FAST TRACK is restricted to those planning to ride more than 70 miles! Each club will need to furnish spotters for their riders. All riders must have a

spotter with them before they begin to ride. No spotter, no credit. Fast Track Riders will be issued **bright orange wrist bands** for identification. Fast Track riders must **begin** riding as Fast Track riders. They may not change from regular riders to Fast Track riders later in the day. Regular rider punches may not be merged onto a Fast Track form.

RESTRICTED AREA — NO BICYCLES

- Within 25 feet of the Area Coordinator's table.
- Within 25 feet of the First Aid Area.
- Within the food booth area.
- Riders are not allowed to ride their bicycles to the portable toilet areas.

FOOD BOOTHS

There will be an area provided just for food booths. It is the club's responsibility to keep their area clean at all times. Only vegetarian food is to be sold and served. You are responsible for taking all garbage with you. We have no way to get rid of your garbage. **Please bring enough garbage cans and trash bags to accomplish this very necessary task.** If using grease/oil in your food service area, make sure there are NO grease/oil spots. If you spill oil/grease YOU are responsible for cleaning up those spots. A \$20.00 deposit is required per food booth and will be returned at the end of the day IF your area is clean. **Prior reservation is needed to operate a food booth.** Applications must be received by Heber Morales, no later than Friday, March 30 2018. Her email address is coordinators@gmail.com. **Please inform your Pathfinders that bicycles are NOT allowed in the food booth area at any time. Bicycles found in food service area are subject to "time out" with padlock. NO caffeine and NO meat will be allowed.**

PERSONAL MEDIA DEVICES

No personal media devices of any kind will be allowed on the track. No electronic devices whatsoever.

SAFETY

Riders must have at least one hand on the bike handle bars at all times.

DIVISION OF FUNDS

The club will keep 60% of what it collects. 40% is to be sent to the conference. Please see the "POINTS" heading for important information.

TROPHIES

Trophies will be awarded to the: Boy, girl, and staff with the **most miles** ridden for the entire conference. Boy, girl, and staff with the **most money** collected for the entire conference.

POINTS

To receive 100 club points for Bike-a-thon, send your check to the Conference Office Pathfinder Department for 40% of funds collected by June 14, 2018.

REPORTS

Club reports for **most miles** and **most money** must be received at the Conference Office by **June 14, 2018.**

AWARDS

Medallions will be given to every rider with money earned at the following award levels:

Gold: \$1000 +
Silver: \$750-\$999.99
Bronze: \$500-\$749

SANCTION

Special insurance coverage is required for the Bike-a-thon event. This special coverage is paid for by the NCC Pathfinder Department to provide a fun, safe fund raising event.

HEADQUARTERS

Conference leadership and coordinators will be available at Headquarters.

FIRST AID

The conference will have a First Aid Station to



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treat minor cuts and abrasions.

MEDICAL RELEASE CONSENT FORM

Each club **MUST** have a signed **Medical Release Consent Form** from each pathfinder's parent(s) or guardian(s).

CHECKLIST

The director, counselor, or staff member should check the bicycles before coming to the Bike-a-thon according to the following checklist:

- 1. All equipment should be securely fastened.
- 2. Tires should be in good condition with no splits or cracks - should have all the spokes - wheels should be in good condition without cracks or breaks.
- 3. Hand brakes should be in good working order with the pads carefully checked for excessive wear. The back and front brakes should be able to stop the bike when operated independently.
- 4. Foot brakes should be able to stop the bicycles.
- 5. Gears and shifting levers should be in proper working order. Derailleurs should be properly adjusted.
- 6. Chains should be properly adjusted and lubricated, and should have a chain/sprocket guard covering the front sprocket. If riding with long pants please make, sure pants are strapped to the leg with a band of some kind.
- 7. Handle bars should be securely tightened and have handle grips.
- 8. The pedals should be a full pedal and rotate freely.
- 9. The seat should be the proper height and securely tightened so that it does not move.
- 10. Every rider must wear a Department of Transportation (DOT) approved bicycle safety helmet while riding.

IMPORTANT

The above items should be checked **before** arriving at the Bike-a-thon; allow time so that if repairs are needed they can be completed **before** the Bike-a-thon. **Any bike considered**

in an unsafe riding condition will not be permitted on the track. Directors: Please make sure **you know** that all **bikes** are **safe** so that your Pathfinder is not disappointed if he/she has to be pulled off of the track!! **The responsibility is yours!! We want your Pathfinders to be able to ride safely.**

ADDITIONAL INFORMATION:

1. A jacket and water bottle should be considered for each Pathfinder riding in the Bike-a-thon.
2. Motorized bikes or scooters of any kind are prohibited at this event. Any kind of bicycle is permitted -- tandem, unicycle, BMX, single, or multi-speed geared.
3. Chemical toilets will be available for your convenience.
4. Two or more may use the same bicycle on alternate laps, but **MUST** not use the same rider's ticket. Each rider must have at least 5 (five) sponsors in order to ride.
5. No one should ride in an unsafe condition. For example: riding with more than one person on the bicycle at a time.
6. Uniforms are not required, but it is nice to see the Pathfinders wearing their field uniforms. It may also be easier for you to spot Pathfinders from your club when they are in field uniform. The conference personnel will be in their field uniform; therefore, if you have any questions or problems, please stop them and let them help you.
7. A real emphasis should be placed on completing the 50 miles required for the bike honor.
8. **Each club** should have two (2) adult checkers to check off rider's laps.
9. Family and friends are not only invited, but encouraged to attend this event and see their Pathfinders in action. You might suggest that your guests bring their own chairs, and umbrellas but **NO PETS**.
10. Each club is responsible for the repair of their own bicycles. Plan on bringing air pumps, extra tubes, and assorted tools for "last minute" adjustments. An official conference vehicle will be circling the track to pick up any breakdowns and

deliver them to their repair headquarters. Plan on the worst happening and hope for the best.

11. **Bring plenty of water or drink for your riders. Also check to make sure they are drinking it.**
12. Every rider **MUST** be wearing a club bib on the outside of their shirt or jacket, and a helmet, before they are allowed on the track. (See bib pattern in this packet.)
13. Every rider and helper (if included on registration form) will later receive a Bike-a-thon pin to put on his/her sash.
14. Please inform each of your riders where your repair headquarters will be before they enter the track.
15. All vehicles, except the official conference vehicle, are prohibited from driving on the track, unless authorized by the conference.
16. Food or drink items **MAY NOT BE SOLD** from the club's headquarters area. Please use the food booth area!



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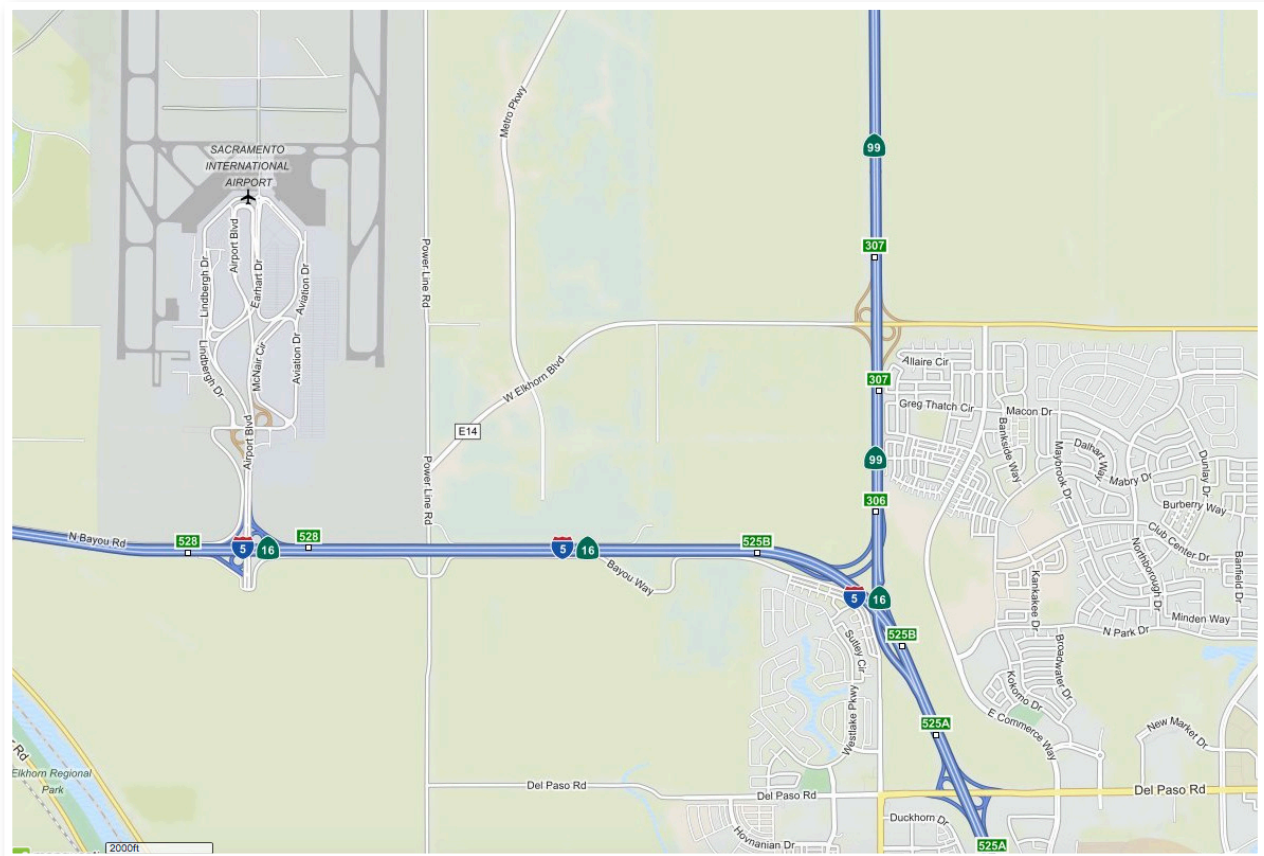
Directions

To METRO AIR PARK

Immediately east of Sacramento International Airport.
To reach it (unless you are coming from the north on Hwy 99),
you need to exit 1-5 and take Hwy 99 north.

Turn off on W Elkhorn Blvd and turn west.
Continue until you see the Area Coordinators, who will direct you to parking.

If you are coming south on Hwy 99, turn right on W Elkhorn Blvd and continue until you see the Area Coordinators, who will direct you to parking.





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Area and Club Coding Club

The following are code numbers and letters, which the clubs are required to place on each rider's bib. In order to ride in the Bike-a-thon, each rider must have a properly colored bib of the appropriate color for your area. If you have any questions, please contact your Area Coordinator.

| Club Name | Code | | |
|----------------------------------|------|---|-------|
| | | Paradise..... | 4-PA |
| | | Sierra Golden Bears | 4- |
| | | Woodland..... | 4-WD |
| | | Yuba City..... | 4-YC |
| Area 1 – North Coast | | | |
| Crescent City | 1-CC | | |
| Fortuna..... | 1-FO | | |
| Humboldt Bay..... | 1-HB | | |
| Area 2 – North Valley | | | |
| Anderson..... | 2-AN | | |
| Hayfork..... | 2-HA | | |
| Red Bluff..... | 2-RB | | |
| Redding..... | 2-RE | | |
| Area 3 – Sierra Foothills | | | |
| Auburn | 3-AU | | |
| Carmichael..... | 3- | | |
| Colfax..... | 3- | | |
| Georgetown | 3-GT | | |
| Granite Bay..... | 3- | | |
| Lincoln..... | 3- | | |
| Meadow Vista..... | 3-MV | | |
| Orangevale | 3-OV | | |
| Rocklin..... | 3- | | |
| Roseville..... | 3-RO | | |
| Sacramento Central | 3-SC | | |
| Sacramento Samoan | 3-SS | | |
| Sacramento Slavic..... | 3- | | |
| Sacramento Woodside | 3-SW | | |
| Area 4 – Central Valley | | | |
| Chico..... | 4-CH | | |
| Grass Valley | 4-GV | | |
| Gridley..... | 4-GR | | |
| Magalia-Upper Ridge..... | 4-UP | | |
| Oroville..... | 4-OR | | |
| | | Area 5 – South Valley | |
| | | All Nations-Tongan | 5- |
| | | Camino..... | 5-CA |
| | | Galt | 5- |
| | | Lockeford..... | 5- |
| | | Lodi Lights..... | 5-LO |
| | | Lodi Spanish..... | 5- |
| | | Manteca | 5-MA |
| | | Placerville | 5-PV |
| | | Sacramento Capitol City | 5-CC |
| | | Sacramento Southgate | 5-CG |
| | | Sacramento Spanish..... | 5-SS |
| | | Sacramento Tongan..... | 5- |
| | | Shingle Springs | 5-SSP |
| | | Stockton Delta Disciples | 5- |
| | | Stockton Mayfair..... | 5-MF |
| | | Stockton Spanish..... | 5-SP |
| | | Stockton Fil-Am..... | 5-FI |
| | | Sutter Hill..... | 5-SH |
| | | Area 6 – Diablo Area | |
| | | Antioch..... | 6- |
| | | Fremont | 6-FR |
| | | Hayward English | 6-HW |
| | | Hayward Spanish..... | 6-HS |
| | | Oakland Elmhurst..... | 6-OE |
| | | Oakland "The Grand"..... | 6-OG |
| | | Oakland Immanuel Temple..... | 6-OI |
| | | Oakland Spanish..... | 6-OS |
| | | Pittsburg | 6-PI |
| | | Area 7 – Howell Mountain/Clearlake | |
| | | Calistoga | 7-CA |
| | | Fairfield/Suisun Spanish | 7- |
| | | Fairfield | 7-FF |
| | | Middletown | 7-MT |
| | | Napa Spanish | 7-NS |
| | | Napa Valley | 7-NY |
| | | PUC/Howell Mountain..... | 7-HM |
| | | Richmond Beacon Light..... | 7-BL |
| | | Santa Rosa Spanish..... | 7-SR |
| | | Sebastopol..... | 7-SE |
| | | Thunderbirds (Elmshaven)..... | 7-TH |
| | | Vacaville | 7-VA |
| | | Vallejo | 7-VC |
| | | Vallejo-Berea | 7- |
| | | Area 8 – Central Coast | |
| | | Cloverdale | 8-CD |
| | | Konocti-Lakeport..... | 8-KO |
| | | Ukiah..... | 8-UK |
| | | Willits | 8-WI |



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Bib Pattern

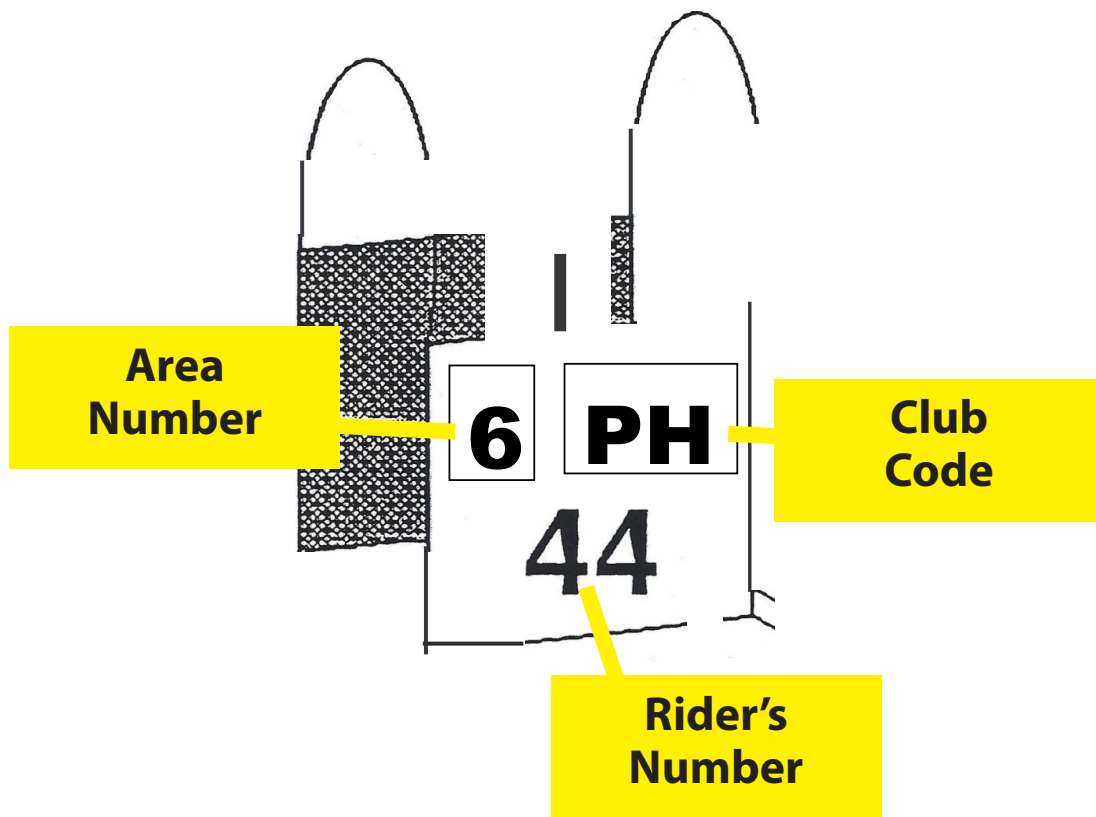
Material Needed: Unbleached muslin or any plain cloth material - Approx.: 1/3 yard.
Bias tape: 3 yards and cord ties.

Cut two nine inch squares, bind with bias tape, attach shoulder and waist tie cords, and apply Bold and clear numbers and letters.

Your area and club code is listed on the "AREA AND CLUB CODING CLUB" page. The club assigns each rider a number. The area number, club letters, and the riders number should appear on both sides of the bib.

REMEMBER:

Area Number - Upper Left Corner
Club Code - Upper Right Corner
Rider Number - Lower Middle





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Area Bib Colors

Remember: All riders must wear a bib while riding in the Bike-a-thon with the proper color and proper number.

AREA BIB COLOR

1 **Orange**

2 **Brown**

3 **Gold**

4 **Purple**

5 **Blue**

6 **Yellow**

7 **Green**

8 **Red**



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Food Booth Application

Club Name _____

Contact Information

Name of Person _____

Cell Phone Number _____

Work Number _____

Items for sale*: _____

**Email information to:
coordinators@gmail.com**

**NO Meat*

**NO Caffeine*

**Menus must be approved and duplicate items will be approved or denied based on the order submitted.*



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2018 Pathfinder Bike-a-thon Report

Most Miles • Most Money • Most Medallions

Report and Money due in Pathfinder Department June 14, 2018

Name of Club _____

Club Area _____

Name of Director _____

Total Money earned by Club \$ _____ Amount enclosed (40%) of total \$ _____

40% if paid by June 14, 2018. 45% if paid AFTER June 14, 2018.

Trophy Category

Pathfinder Riders with **MOST MILES**:

Boy _____ Number of Miles _____

Girl _____ Number of Miles _____

Staff _____ Number of Miles _____

Pathfinder Riders **MOST MONEY** turned in:

Boy _____ Number of Miles _____

Girl _____ Number of Miles _____

Staff _____ Number of Miles _____

Go to the next page for medallions

Acct# 262-639-53



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2018 Bike-a-thon Report Medallions

GOLD

\$1,000 (OR MORE)

| | |
|------------|--------------|
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |

SILVER

\$750 - \$999

| | |
|------------|--------------|
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |

BRONZE

\$500-\$749

| | |
|------------|--------------|
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |
| Name _____ | Amount _____ |