

Quilting*

1. Define these words:
 - a. Backing
 - b. Backstitch
 - c. Batting
 - d. Cutting Square
 - e. Piecing
 - f. Quilt Top
 - g. Straight Stitch
2. Explain the steps in making a quilt square.
3. Construct and finish one quilt square. (Can be used as a pot holder.)

Helps

1. Definitions:
 - a. back or bottom layer of a quilt
 - b. reinforcing stitch taken at the beginning and end of a seam to secure stitches
 - c. middle layer of a quilt
 - d. tool used to help you cut straight edges
 - e. sewing the pieces of a quilt design together to form a quilt block
 - f. top layer of a quilt
 - g. a pattern used to mark the quilt pieces
2. Quilt making steps:
 - a. Select a very simple quilt pattern.
 - b. Select desired/needed fabrics—use this opportunity to help kids understand combining color and pattern.
 - c. Mark and cut pattern pieces using a cutting square.
 - d. Sew pieces together.
 - e. Cut out batting the size of the quilt top.
 - f. Cut out the backing one inch larger on each side than the quilt top. Press under ½ inch all around.
 - g. Stack quilt top on batting, place batting and quilt top in the middle of the upside-down larger backing piece, pin together.
 - h. Finish by turning backing up over the quilt top and sewing in place.
 - i. Tie quilt square, as needed, with yarn.

*This award has steps that may be too difficult for very young Adventurers. It could still be appropriate for them if an adult were to do the cutting and/or sewing and other steps that may not be safe for a young Adventurer to complete on their own.

Resource: *Learning to Quilt, A Beginners Guide* by Lori Yetman Smith